



Practitioner credentials

Practitioner type	Minimum essential credentials required	Desirable / optional credentials
Perinatal mental health practitioners (psychologists, counsellors and therapists)	<ul style="list-style-type: none"> • Personal ID – passport or driving licence • Valid BACP/UKCP/HCP registration certificate (including registration number) • Minimum of 2 years' post-registration experience • Relevant expertise in perinatal mental health for men and/or women • All therapists will be required to undertake a short telephone interview 	<ul style="list-style-type: none"> • Desirable: Evidence of CPD in perinatal mental health • Optional: DBS certificate • Optional: evidence of change of name (where relevant for your documents) • Any other qualifications you want to list on your Peppy profile
Lactation consultants	<ul style="list-style-type: none"> • Personal ID – passport or driving licence • IBCLC certificate and certification L-number • Valid professional indemnity insurance 	<ul style="list-style-type: none"> • Optional: DBS certificate • Optional: evidence of change of name (where relevant for your documents) • Any other qualifications you want to list on your Peppy profile
Pelvic, obstetric & gynaecological physiotherapists	<ul style="list-style-type: none"> • Personal ID – passport or driving licence • Valid HCPC registration (HCPC registration number is sufficient) • Valid full POGP membership – 2018/2019 membership fee confirmation letter • Valid Professional indemnity insurance 	<ul style="list-style-type: none"> • Optional: DBS certificate • Optional: evidence of change of name (where relevant for your documents) • Any other qualifications you want to list on your Peppy profile



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Baby sleep consultants	<ul style="list-style-type: none"> • Personal ID – passport or driving licence • Signed Peppy Sleep Coach Charter • Valid professional indemnity insurance • Evidence of IACSC membership eligibility: <ul style="list-style-type: none"> ○ Received minimum 50 in-person training hours, delivered by an expert who has been practicing solely as a sleep expert for a minimum of 10 years (please submit your certificates to evidence this) • All sleep consultants will be required to undertake a short telephone interview 	<ul style="list-style-type: none"> • Optional: DBS certificate • Optional: evidence of change of name (where applicable) • Any other qualifications you want to list on your Peppy profile
Pre- & post-natal fitness trainers	<ul style="list-style-type: none"> • Personal ID – passport or driving licence • Valid professional indemnity insurance • Valid First aid • For Holistic Core Restore Coaches: please send us copies of your exercise qualification certificates, we require a minimum of level 2 fitness/ exercise qualification • For other exercise professionals: Level 3 qualification in personal training PLUS Level 3 pre- and post-natal exercise (YMCA or Active IQ) 	<ul style="list-style-type: none"> • Optional: DBS certificate • Optional: Valid REPS membership certificate (including REPS registration number) • Optional: evidence of change of name (where relevant for your documents) • Any other qualifications you want to list on your Peppy profile



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Paediatric physiotherapists	<ul style="list-style-type: none">• Personal ID – passport or driving licence• Valid HCPC registration (HCPC registration number is sufficient)• Valid APCP membership• Enhanced DBS check certificate• Valid professional indemnity insurance (HCPC requires only self-declaration)• CV: Minimum of 2 years post-qualification experience, Peer referral AND/OR significant paediatric experience within the NHS	<ul style="list-style-type: none">• Optional: evidence of change of name (where relevant for your documents)• Any other qualifications you want to list on your Peppy profile