



Practitioner credentials

Practitioner type	Minimum essential credentials required	Desirable / optional credentials
Perinatal therapists	<ul style="list-style-type: none"> • Personal ID – passport or driving licence • Valid BACP registration certificate (including registration number) • Minimum of 2 years' experience post-registration • Relevant expertise in perinatal mental health for men and/or women (please attach CV with relevant details/ testimonials/ references) • All therapists will be required to undertake a short telephone interview 	<ul style="list-style-type: none"> • Desirable: Evidence of CPD in perinatal mental health • Optional: DBS certificate • Optional: evidence of change of name (where relevant for your documents)
Lactation consultants	<ul style="list-style-type: none"> • Personal ID – passport or driving licence • IBCLC certificate and certification L-number • Valid professional indemnity insurance 	<ul style="list-style-type: none"> • Optional: DBS certificate • Optional: evidence of change of name (where relevant for your documents)
Pelvic, obstetric & gynaecological physiotherapists	<ul style="list-style-type: none"> • Personal ID– passport or driving licence • Valid HCPC registration • Valid full POGP membership • Professional indemnity insurance 	<ul style="list-style-type: none"> • Optional: DBS certificate • Optional: evidence of change of name (where relevant for your documents)



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Baby sleep consultants	<ul style="list-style-type: none"> • Personal ID – passport or driving licence • Signed Peppy sleep coach charter • Eligible for membership of IACSC (received min 50 in-person training hours from an expert who has been practicing solely as a sleep expert for a minimum of 10 years) • Valid professional indemnity insurance • Qualification certificate from one of the following organisations/instructors: <ul style="list-style-type: none"> ○ Family sleep institute ○ Gentle Sleep Coach ○ Holistic Sleep coach ○ Be Ready to Parent ○ Millpond Workshop • All sleep consultants will be required to undertake a short telephone interview 	<ul style="list-style-type: none"> • Optional: DBS certificate • Optional: evidence of change of name (where applicable)
Pre- & post-natal fitness trainers	<ul style="list-style-type: none"> • Personal ID– passport or driving licence • Level 3 qualification in personal training certificate • Level 3 qualification in pre- and post-natal exercise (YMCA or Active IQ) <u>OR</u> Burrell Educations Holistic Core Restore® certificate • Valid professional indemnity insurance • Valid First aid 	<ul style="list-style-type: none"> • Optional: DBS certificate • Optional: Valid REPS membership certificate (including REPS registration number) • Optional: evidence of change of name (where relevant for your documents)



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Paediatric physiotherapists	<ul style="list-style-type: none">• Personal ID– passport or driving licence• Valid HCPC registration• Valid APCP membership• Enhanced DBS check certificate• Professional indemnity insurance (HCPC requires only self-declaration)• CV: Minimum of 2 years post-qualification experience, Peer referral AND/OR significant paediatric experience within the NHS	<ul style="list-style-type: none">• Optional: evidence of change of name (where relevant for your documents)